

Welcome to Damanhur, Italy

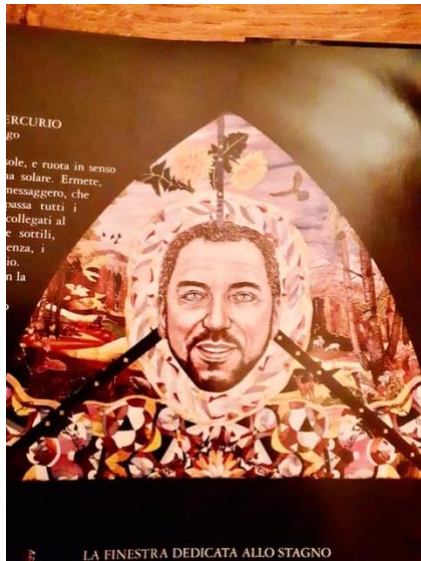
Get ready for your magical adventure
With Brigitte Bruyez & Crotalo Sesamo
July 4th – 10th, 2026
7 days– 6 nights



What is Damanhur?

The Temples of Humankind are the sacred heart of Damanhur, federation of spiritual communities. Damanhur is a worldwide movement that inspires the lives of thousands of people committed to leaving a positive mark on the world.

The central part of Damanhur is located between Turin and Aosta, in an uncontaminated valley at the foot of the Piedmont Alps. The six-hundred citizens who live there have created a multilingual society, open to exchanges with the world and the different cultures of peoples. Many other Damanhurians live in other parts of Italy and all over the world and support the Federation's ideals and projects.



Damanhur was founded thanks to the inspiration of **Oberto Airaudi, Falco Tarassaco** (1950-2013). Falco was a philosopher, healer, writer and artist, active in the field of therapeutic research and new sciences. An innovative and prolific painter, he created a personal style of painting called “Selfic Painting”. From an early age, he manifested a precise spiritual vision and great healing abilities that he developed them through constant experimentation.

The Temples of Humankind

The Temples of Humankind are exquisite works of art, a complex of eight halls adorned with remarkable paintings, mosaics, sculptures and glass art-all created to celebrate universal spirituality.

The Temples were constructed through the ingenuity and creativity of Damanhurians, who worked together to excavate the rock of a mountain entirely by hand. It is an "impossible" dream that awes and inspires thousands of visitors every year. The Temples are a stunning example of sacred and secular art coming together to resonate values that are important to the whole of humanity.



Crotalo Sesamo:

Crotalo Sesamo (Alessandro Zattoni) was born in Turin (Italy) in 1970; he graduated in computer technology, his first contact with Damanhur at the age of 18 was based on his interest in Natural Medicine and the Development of Paranormal Faculties. Crotalo Sesamo lives in the Federation of Damanhur for more than 30 years, as a spiritual researcher, Spiritual Healer, and builder of the Temple.

As a Specialist in the fields of Spiritual Healing, Ancient Civilizations and Inner Research, he teaches courses in Astral Travel, Past Lives Research, Inner Harmonizing, and Selfic Healing. Additional teachings done by him are in the realms of social, spiritual, economic, political and organizational implications of community life, the relationship with the state, other associations and communities.

He has founded Mystery Schools and has been teaching throughout Europe, the United States, Canada, Australia, Mexico, Brazil, Egypt, Argentina and the Emirates.

In March 2016 he's been invited to **speak as at the UN at the International Day of Happiness**, as representative of the Damanhur Federation.

He has been trained by Falco (Oberto Airaudi) the Visionary Founder of Damanhur, who prepared him to continue **his alchemy art in the "Selfic Paintings"** which he is currently doing.

Crotalo taught the first Damanhur Mystery School in Boulder Colorado with courses in Astral Travel, Past Lives Research, Ancient Civilizations & Inner Research in Inner Harmonizing, Selfic Healing, the widening of Perception, as well as Contact with the Plant.

Brigitte Bruyez



With over 35 years of experience as a **Transformational Coach, Breathwork, Yoga & Meditation Teacher, and Reiki Master**, Brigitte has guided countless individuals toward inner harmony and conscious living.

Certified by **Deepak Chopra**, her teachings blend ancient wisdom with modern science, creating powerful spaces for self-discovery and healing.

Born in France, Brigitte now lives between **Florida and France**, sharing her passion through global retreats that awaken the sacred heart and elevate consciousness.

Founder of the holistic center and bed and breakfast in France, "Le Relais des Anges", since 2013.

WELCOME TO DAMANHUR

July 4th – 10th, 2026

7 days – 6 nights program

Transport- Lodging- Teaching- Guide - All Activities- Coaching and more....

Limited places. Group of 10 participants.



Brigitte Bruyez and **Crotalo Sesamo**, (lives in the Federation of Damanhur for more than 30 years, as a spiritual researcher, Spiritual Healer, and builder of the Temple) have the pleasure of welcoming you on this mysterious and magical journey to Damanhur, in love, joy, simplicity and conviviality around meals. Crotalo, will personally leads us through this mystical journey of Damanhur.

Day 1 – Saturday

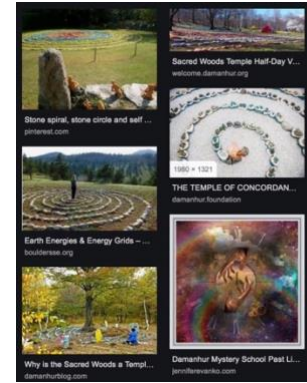
Arrival at the Milano Malpensa International Airport; we will be waiting for you! Claim your luggage and we will escort you to your accommodation for your stay in Damanhur. We will welcome you with a nice dinner in the evening and an explanation of the program for the next days. (dinner is included).

Day 2 – Sunday

Morning: Visit to the capital Damjl and Damanhur Crea



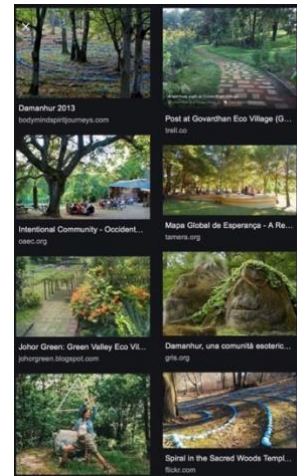
First, you will be acclimated to our central territory with a visit to Damijl and Damanhur Crea. Depending on weather conditions, you will have an opportunity to **walk the stone labyrinths**—a powerful way to widen your perception and discover new connections to yourself and nature. (Lunch is included)



Afternoon: Visit to the Sacred Woods, Selfic Circuits and experience with the Music of the Plants

The visit begins with an in-depth background into the history and development of the Sacred Woods Temple and its brightly colored serpentine stone labyrinths. You will learn the history of the labyrinths, what they are used for and how they work.

The itinerary includes an introduction to **Music of the Plants**, Damanhur's own research into plant intelligence and communication. You will be amazed and delighted to hear trees and plants "sing" in the Sacred Woods through an electromagnetic instrument that captures, deciphers and records the plant's own "music."



Day 3 - Monday

Morning: Visit to the Temples of Humankind Part 1



This visit offers the opportunity to spend time in the extraordinary Temples of Humankind. Gloriously detailed, yet more than a work of artistic achievement, the Temples serve as a direct pathway for reawakening the divine spark in each person.

During the visit of the Temples, you will be guided through each of the 8 halls and learn why this magnificent structure is a living conduit that connects the energies of the planet that travel via the Synchronic Lines.

Afternoon: Visit to the Temples of Humankind Part 2

In the afternoon you will experience listening to the specific instrument of each hall as a way to more deeply connect with the energy there.

Day 4 – Tuesday

All day tour: Sacra of San Michele & Devils Bridge with Crotalo Sesamo



The Sacra of San Michele is a symbol of Piedmont Region and a place that inspired the writer Umberto Eco to conceive the best-seller “Il nome della rosa” (The name of the rose).

Dedicated to the cult of the Archangel Michele, defender of the Christian people, the Sacra di San Michele fits inside a route of pilgrimage (long over 2000 km) which runs from Saint-Michel (France) to Monte Sant’Angelo (Puglia). On the way back we will visit a very magical and historical place for Damanhur called “The Devil’s Bridge” in Lanzo Torinese.

Day 5 – Wednesday

All day: Visit to Magic Torino and Egyptian Museum with Crotalo Sesamo



The Turin Egyptian Museum is the world’ s oldest museum devoted entirely to ancient Egyptian culture. Discover the fundamental stages of its formation, from the creation of



the collection to the present. Discover Torino city during the rest of the day.

Day 6 – Thursday

Morning: Tour of the “Magical Valchiusella”



Today we will explore the magical sides of the Chiusella Valley. We will visit Fondo, a small village that can only be reached on foot by crossing a Romanesque stone bridge.

We will stroll between the houses with their characteristic stone roofs and walk up to the beautiful waterfall. A real magical experience!

Afternoon: Time for Therapies and Shopping in Damanhur Crea



Evening: Closing Ceremony

Day 7 – Friday

Departure

Check out from your apartments and make your way to the Airport for the final departure.

PROGRAM:

It includes:

- Transportation from and to the airport. Specific transport schedules for groups, airport-Damanhur.
- Transportation throughout the stay.
- All individual transport (airport-Damanhur) at the expense of the person if not the same as group arrival.
- All programs and activities in Damanhur determined above.
- Guide and translator
- Accommodation in a guest house for 6 nights, double occupancy.
- NO meals are included, other than those mentioned.

Do not included:

- Plane ticket.
- Any individual transport (airport-Damanhur) if the specific group transport times do not correspond to your arrival.
- Insurance.
- Meals (Breakfast, lunch, dinner, expect around 300 euros, for your stay).
- Tips
- Single room + 350 €



BRIGITTE BRUYEZ - bbawakening

Retreat Registration Form

A Journey into Consciousness & Community

July 4-10, 2026, | 7 Days / 6 Nights | Damanhur, Italy

1. PARTICIPANT INFORMATION

Full Name: _____

Date of Birth: _____

Address: _____

City / Country: _____

Email: _____

Phone / WhatsApp: _____

Emergency Contact (Name & Phone): _____

2. ACCOMMODATION OPTION (Select one)

Shared room – 1,999 € / person

Private room (limited) – + 350 € / person

Rooms are limited and assigned based on registration order.

3. PAYMENT TERMS

Full payment at registration: 1,999 €

Deposit to secure your place: 250 €

Balance: 1,999 €, May 1, 2026

Payment method: Bank transfer.

4. BANK DETAILS (RIB) **Will be sent upon registration**

Account Name:

Bank:

IBAN: _____

BIC / SWIFT: _____

Reference: Your Full Name + Retreat Damanhur 2026

5. HEALTH INFORMATION

Do you have any medical condition or treatment to declare?

Yes No

If yes, please specify: _____

Food allergies or dietary requirements:

6. WHAT'S INCLUDED

- Accommodation in a guest house (6 nights), double occupancy
 - Airport transfers-Group. Specific transport schedules for groups, airport-Damanhur.
 - All transportation through the stay
 - All programs and activities in Damanhur determined above.
 - Guide and translator
 - NO meals are included, other than those mentioned.
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7. WHAT'S NOT INCLUDED

- International transportation
 - All individual transport (airport-Damanhur) at the expense of the person if not the same as group arrival.
 - Meals (Breakfast, lunch, dinner, expect around \$ 300, for your stay).
 - Personal insurance
 - Tips
 - Activities not mentioned in the program
 - Single room + 350 €
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8. CANCELLATION & REFUND POLICY

- **Administration fee of 250 € is strictly non-refundable under any circumstances.**

This fee corresponds to administrative and organizational costs required to secure the participant's reservation.

- **Cancellation more than 60 days prior to the retreat start date:**

Payments made (excluding the 250 € administration fee) may be refunded or transferred to another retreat organized by the same organizer within 12 months.

- **Cancellation between 60 and 30 days prior to the retreat start date:**

50% of the total retreat price is due and retained by the organizer.

- **Cancellation less than 30 days prior to the retreat start date or no-show:**

100% of the total retreat price is due and non-refundable.

- **All cancellations must be made in writing by email.**

The date of receipt of the email will determine the applicable cancellation conditions.

- **Force majeure:**

In case of force majeure, including but not limited to illness, travel disruption, natural events, government restrictions, or other circumstances beyond the control of the organizer, refunds are not guaranteed. Transfers to another retreat may be offered at the organizer's discretion.

- **Organizer cancellation or rescheduling:**

The organizer reserves the right to cancel or reschedule the retreat due to insufficient participants or unforeseen circumstances.

In such cases, participants will receive a **full refund of all payments made**, including the administration fee.

However, the organizer shall not be held responsible for any additional expenses incurred by the participant, including but not limited to travel, accommodation, or personal expenses.

9. LIABILITY WAIVER & ASSUMPTION OF RISK

By signing this form, the participant acknowledges and agrees:

1. To participate voluntarily in all activities
2. That these activities may involve physical and emotional risks.
3. To assume full responsibility for any risks, injuries, or damages, known or unknown.

The participant releases and discharges Brigitte Bruyez, or Damanhur and all facilitators from any liability, claims, or demands arising from participation in this journey.

10. HEALTH DECLARATION

The participant confirms:

1. Being physically and mentally fit to participate.
2. Informing the organizer of any medical or psychological condition prior to the retreat.
3. Understanding that the retreat does not replace medical or psychological treatment.

The organizer reserves the right to refuse participation if deemed unsafe for the participant or group.

11. TERMS & AGREEMENT

I confirm that I have read, understood, and agreed to all terms and conditions of this registration form.

I accept full responsibility for my participation and waive any legal claims against the organizer.

Signature: _____

Date: _____

The program and schedule may be modified at any time without prior notice if necessary.

12. CONTACT

CONTACT ME TO BE PART OF THE GROUP AND GET MORE INFORMATIONS

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